

TOP 100
2009 State College Wrestling Tournament

Sunday, February 22, 2009

the Largest One-Day Open Tournament in the East!
hosted by the Nittany Lion Wrestling Club
Admission is **FREE!**

Start Times:

8:30 a.m. for AGE DIVISIONS:

6 yrs. & under, 7 & 8 yrs., 9 & 10 yrs., 11 & 12 yrs.

GRADE DIVISIONS wrestle **AFTER** Age Divisions (approx. 1:00 p.m.)
7th, 8th & 9th grades plus 10th, 11th & 12th grades

Location:

Rec Hall, Penn State, University Park, PA 16802

Parking map and directions are available at: www.nittanylionwrestling.com

Parking fee will be charged by the University.

For *Mapquest* directions to Rec Hall, use Nittany Lion Inn, 200 West Park Avenue,
State College, PA 16803

(Rec Hall - located on S. Atherton Street, 1 block south of Nittany Lion Inn.)

Registration:

Pre-Registration completed on-line ONLY: www.nittanylionwrestling.com

(Last day to pre-register: Friday, February 20, at 5:00 p.m.)

Walk-In Registration available at weigh-ins.

ALL Registration \$\$ due at weigh-ins. Cash/checks ONLY. Checks to: NLWC.

Last day to pre-register: Friday, February 20 at 5:00 p.m.

Individual: \$25/wrestler

Team: \$20/wrestler(12+ wrestlers. Use EXACTLY same team name. Register on-line together.)

Weigh-Ins:

South Gym – Rec Hall

SINGLET REQUIRED FOR WEIGH-INS!

NO weight allowances. **NO** remote weigh-in. **NO** elementary weigh-ins day of tournament.

Weights can be changed at weigh-ins.

Weigh-in Times:

Elem./Jr./Sr. High:

Saturday, February 21, 5:00 p.m. – 11:00 p.m.

Jr./Sr. High ONLY!

Sunday, February 22, 9:00 a.m. – 10:00 a.m.

Age Divisions: (age as of 2/22/09)

6 & Under40-45-50-55-60-65-Hwt (Max 80)

7 & 850-55-60-65-70-75-85-Hwt (Max 100)

9 & 1055-60-65-70-75-80-85-90-95-105-115-Hwt (Max 135)

11 & 12*.65-70-75-80-85-90-95-100-105-110-115-125-135-145-Hwt(Max 170)

Grade Divisions:

7*, 8, 9th Grades...75-80-85-90-95-100-105-110-115-122-130-138-145-155-165-185-210-Hwt (Max 250)

10,11,12th Grades103-112-119-125-130-135-140-145-152-160-171-189-215-Hwt (Max 285)

*If you are 11 or 12 yrs. old & in 7th grade, you can wrestle in both divisions. Two registration fees required.

Rules:

Double Elimination Tournament (unless over 1,000 entries)

PIAA modified, headgear optional, sudden death OT

Bout Length: Age Divisions run 1-1-1; Grade Divisions run 2-1-1 (consies 1-1-1)

Awards:

36" *SUPER Trophy* for 1st Place. Trophies for 2nd & 3rd Places. Medal for 4th place.
Team Trophies for 1st, 2nd, & 3rd.

Host Hotel:

Ramada Inn & Conference Center (814) 238-3001. Reserve by 1/21/09 to get \$89/night rate for up to 4 people. Mention the **State College Tournament.**

Rooms also available at **State College Super 8 Motel: (814) 237-8005** (\$70/night)

For Questions:

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